



Group Guidelines

Courageous Conversations is a virtual community where we can come together to share perspective and connect around books that are impacting us. This group is a shared-learning experience and not to be used as replacement for coaching or therapy. As we engage with one another, please keep these guidelines in mind.

- Please share mindfully. We ask that you understand the depth of the topic you are wanting to bring up and the amount of time we have in each meeting.
- This is an opportunity to share with stretch. We ask that you put yourself out there a little more than you typically would but also understand your limitations.
- This group and book will allow for many opportunities to connect with others. We ask that you connect with others purposefully and not in order to hot wire connection.
- As we come together to share, there might be opportunities where you disagree with what you are hearing. We ask that you show up from a place of curiosity and non-judgement.