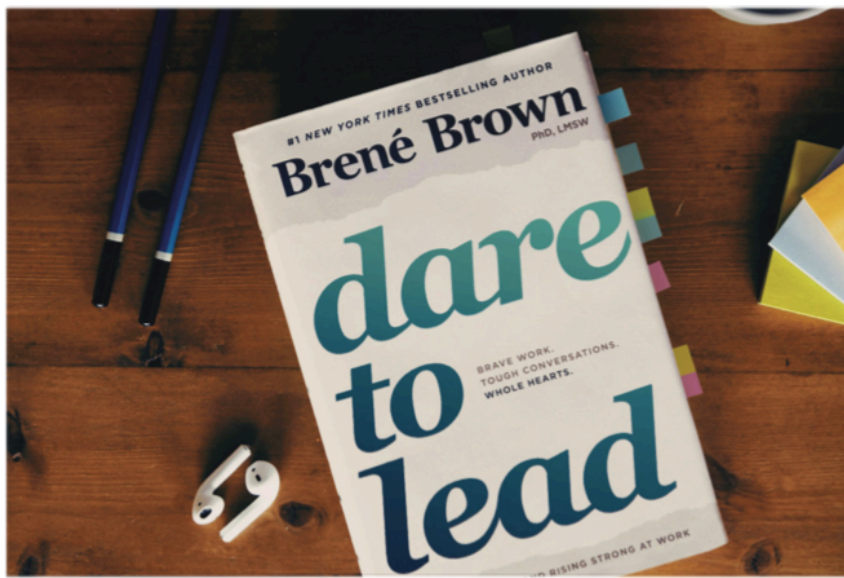


Dare to Lead is a courage-building program based on the most significant findings from Dr. Brene Brown's latest research. The myth around courage is that it's something you have or you don't, turns out that courage is a collection of four skill sets that are teachable, measurable, and observable.

Organizations and leaders have found this work to be deeply transformative for leadership, team dynamics, and culture.

The four skills sets that we will focus on are:



- **Rumbling With Vulnerability** - Adopting new beliefs around vulnerability

- **Living into Our Values** - Naming our values and putting them into action.

- **BRAVING Trust** - Shifting the language used to talk about trust.

- **Learning to Rise** - Understanding the connection between story and emotion

This program is **16 hours** and can be delivered in multiple ways based on your needs:

- 2 days- 8 hour sessions
- 4 days- 4 hour sessions
- 8 days- 2 hour sessions (Las Vegas Only)

Prices will vary based on size, duration, and location.

dare to lead[™]

About The Dare To Lead Program

Based on the research of Dr. Brené Brown, Dare to Lead[™] is an empirically based courage-building program designed to be facilitated by organizational development professionals.

Brené is a research professor at the University of Houston where she holds the Huffington Foundation – Brené Brown Endowed Chair at *The Graduate College of Social Work*. She has spent the past two decades studying courage, vulnerability, shame, and empathy, and most recently completed a seven-year study on courageous leadership. She is the author of five #1 *New York Times* bestsellers: *The Gifts of Imperfection*, *Daring Greatly*, *Rising Strong*, *Braving the Wilderness*, and *Dare to Lead*, which also debuted at #1 on *The Wall Street Journal* and *Publisher's Weekly* lists.

The most significant finding from Brené's latest research is that courage is a collection of four skill sets that are teachable, measurable, and observable. The Dare to Lead[™] program focuses on developing these courage-building skills through workshops, trainings and coaching to help individuals, teams and organizations move from armored leadership to daring leadership.

Individuals who successfully complete the full 16-hour Dare to Lead program will receive a certificate of completion and are allowed to put a Dare to Lead Trained badge on their LinkedIn account.

Further information is available at <https://daretolead.brenebrown.com>

Alicia and Laura are certified ICF coaches and Dare To Lead Facilitators. You can learn more about them and the work that they do at forgedspirit.com

